

Dear Parents,

### MOTHERS' DAY ASSEMBLY

It was gratifying to see so many of our mothers and grandmothers at our special Mothers' Day Assembly yesterday afternoon. It certainly brought a sparkle to the eyes of all the students as they performed to one of the most important person in our lives - our mothers. Considering the quality of presentation and student performance, at times it was hard to tell if we were having just one of our weekly assemblies or the annual Mothers' Day Concert.

The stage came to life with the colourful displays and the projections on the big screen. It was evident that the children enjoyed the beautiful songs, plays and dance. Their reciting of great poetry and readings of love showed their affection towards their mothers. We were all fulfilled by their performances thanks to the guidance of our wonderful teachers who had prepared them so well.

Thank you to the P&C and all the parents who contributed to the afternoon tea following the special assembly. Once again thank you to all who came along and enjoyed the occasion and in turn congratulated all our Mothers for their untiring work and support.



### MATHS ALIVE!

At the start of this term, during one of our Thursday afternoon staff meetings, the teachers took part in a professional learning workshop. The Mathematics workshop called "**Maths Alive!**" was delivered by Peter Tompkins, an education consultant from the Association of Independent Schools (AIS). The course was also designed to support teachers to incorporate road safety education effectively into teaching and learning.

The hands-on workshop focused on *Data and Chance*. Mr Tompkins used readily available road safety information to develop teaching and learning activities designed to promote numeracy skills in students. He also incorporated ideas and strategies for including road safety messages into the teaching of Mathematics.

### BREAKFAST @ SCHOOL

Next Friday, the school will 'Host a Healthy Breakfast' for all students to promote a healthy diet as part of the annual *Walk Safely to School Day* (WSTSD).

WSTSD is a community event promoting Road Safety, Health, Public Transport and the Environment. It is an opportunity for parents and carers of primary school aged children to promote safe pedestrian behaviour, the benefits of walking and the value of a healthy breakfast. See the newsletter for more information.



17<sup>th</sup> May 2013

Friday 24 May 2013

# Healthy Breakfast @ School



Friday 24<sup>th</sup> May, 2013



Alexander school is hosting a breakfast to promote a healthy diet in conjunction with regular physical activity.

**BIRTHDAYS OF THE WEEK**

Happy Birthday to...

Tzolare  
Matthew  
Natalia

**DONATIONS TO ALEXANDER SCHOOL**

*In Memoriam for the Late Elize Shahinian*

Mr & Mrs Koko & Azad Karaguezian \$50

*May Her Soul Rest In Peace*

**BREAKFAST PROVIDES BRAIN FOOD**

Eating breakfast each morning improves children's learning, concentration, behaviour, overall nutrient intake, and establishes healthy eating patterns for life. Some quick breakfast options include:

- ✓ wholegrain cereals and reduced-fat milk
- ✓ baked beans on wholegrain toast and a glass of reduced-fat milk
- ✓ fruit smoothie and toast
- ✓ toast topped with cheese and sliced tomatoes
- ✓ egg on toast with a glass of reduced-fat milk
- ✓ wholemeal or wholegrain toast or fresh bread, with margarine spread plus a topping, such as tomato, reduced-fat cheese or baked beans
- ✓ reduced-fat yoghurt, fruit and raisin bread
- ✓ fruit salad and yoghurt.

Serve breakfast with a glass of water or milk to get children hydrated.

**HOUSE POINTS TERM 2**

*Uniform, Playground, Charity & Awards*

**ARARAT** - 67 points

**MASIS** - 74 points

**TEACHERS' AWARD**

**TERM 2 – WEEK 3**

Year 6: Christine Kevork, Samuel

Year 5: Krikor

Kindergarten: Mary

Preparatory: Stephen

**DATES TO REMEMBER**

21/05 I.C.A.S. - Computer Assessment, Years 3-6  
Kinma Friendship Day

22/05 Interschool Debating Comp. # 2

24/05 Healthy Breakfast @ School - \$2 Donation

05/06 I.C.A.S. - Science Assessment, Years 3-6  
Interschool Debating Comp. # 3

10/06 *Queen's Birthday - Public Holiday*

17/06 I.C.A.S. - Writing Assessment, Years 3-6

19/06 Interschool Debating Comp. # 4

20/06 Life Education Van Visit

26/10 AGBU - 50th Anniversary Concert

03/11 Armenian Cultural Day & Fair

15/12 Christmas Concert and Graduation

**ARMENIAN STUDENT FUND**

**WEEKLY REPORT: Term 2 Week 3**

8 Points – <b>MASIS</b>	.....	\$16.05
6 Points – <b>ARARAT</b>	.....	\$15.25
<b>TOTAL:</b>	.....	<b>\$31.30</b>
<b>ACCUMULATED:</b>	.....	<b>\$362.65</b>

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